

Cold Beverages:

Fountain Soda (*)	\$ 1.50
Iced Tea (*)	\$ 1.50
Canned Soda	\$ 1.50
Orange Juice	\$ 1.50
Apple Juice	\$ 1.50
Bottled Water	\$ 1.50
Exotic Juices (Mango, Guava or other)	\$ 1.50
Perrier	\$ 1.50

Hot Beverages:

Regular/Decaf Coffee (*)	\$ 1.50
Greek/Turkish Coffee	\$ 1.99
Hot Tea	\$ 1.50
Hot Chocolate	\$ 2.50

(*) Free refill

Large Selection of Specialty Coffees by:

Segafredo®

ITALY'S # 1 ESPRESSO COFFEE

Desserts:

Baklava (fillo dough with walnut or pistachio nuts)	\$ 1.25
Nut Rolls	\$ 1.25
Bird Nest (shredded wheat with pistachios)	\$ 1.49
Konafa / Kataifi (shredded wheat with walnuts)	\$ 1.49
Coconut Macaroon	\$ 1.49
Date Cookies	\$ 1.49
Maamoul (walnut or pistachio)	\$ 1.25
Mediterraneo's own Rice Pudding	\$ 2.25
Tiramisu	\$ 5.29
Crème Brûlée	\$ 4.29
Atayef (Egyptian Pancakes with cream or nuts)	\$ 1.99

ORDERS TO GO:

GYRO MEAT (1Lb.)	\$ 9.99
ROTISSERIE SEASONED CHICKEN (whole)	\$ 6.99

Visit our Market

M E N U

Mediterraneo



Market & Café

18033 Upper Bay Road
Nassau Bay, Texas 77058

Phone: (281) 333-3180

Fax : (281) 333-3841

www.mediterraneomarket.com

Business Hours:

Monday to Thursday: 9:00 AM to 9:00 PM

Friday & Saturday: 9:00 AM to 10:00 PM

Sunday: **CLOSED**

Call us for all your catering needs

"Mediterraneo" Specialty Plates

All plates served with house Egyptian or Greek salad and Pita

Spaghetti Bolognese: spaghetti with full body beef and wine sauce	\$ 9.99
Baked Three Cheeses Penne au gratin: (Swiss-Parmesan-Ementhaler) - with Bolognese meat sauce (add \$ 4.00) - with grilled chicken (add \$ 4.00)	\$ 9.99
Paella Valenciana: (For 2 people) Spanish saffron rice, calamari, sausage, chicken, salmon and shrimp	\$ 24.99
Ossobuco: lamb shanks , served with tagliatelli	\$ 15.99
Beef Bourguignon: beef stew in a light wine sauce, carrot and mushroom served with tagliatelli or rice	\$ 13.99
Herb Crusted Salmon: served with rice Pilaf and Mediterranean spinach	\$ 13.99
Shrimp Catalan: shrimp in garlic butter sauce served on a bed of Spanish rice	\$ 13.99
Escalope Panée: veal scaloppini in lemon butter sauce served with tagliatelli	\$ 14.99
Mahshi (Stuffed Vegetables): pepper, tomato, zucchini and eggplant stuffed with ground beef, rice and a choice of Tzatziki or tahini	\$ 12.99
Penne Pesto: (basil, Pecorino Romano, parmesano, pine nuts, garlic, olive oil) with tomatoes, Feta cheese and olives -with grilled chicken (add \$ 4.00)	\$ 8.99
Pasta Primavera: pasta with fresh vegetables in Marinara sauce - with grilled chicken (add \$ 4.00) - with shrimp (add \$ 4.00)	\$ 9.99
Greek Pasta with Shrimp or Salmon: with arichokes, tomatoes, olives, feta cheese and garlic	\$ 13.99

Bon Appetit!

Appetizers / Side Orders

<u>Hummus</u> (ground chickpeas blended with sesame sauce, lemon, olive oil, & spices)	\$ 2.29
<u>Baba Ghanoug</u> (roasted eggplant blended with sesame sauce & spices)	\$ 2.69
<u>Tzatziki</u> (Greek yogurt cucumber dip)	\$ 2.49
<u>Tabouleh</u> (cracked wheat, parsley, green onions, tomato, lemon juice, olive oil)	\$ 2.69
<u>Falafel</u> (5) fried patties of chickpeas, Fava beans, parsley & spices	\$ 3.49
<u>Feta Cheese with Tomato</u>	\$ 2.99
<u>Kibbi Balls</u> (2) (beef cracked wheat mix stuffed with beef, pine nuts, onions & spices)	\$ 2.49
<u>Grape Leaves</u>	\$ 3.49
(5) (stuffed with seasoned ground beef & rice)	
<u>Stuffed Cabbage</u>	\$ 4.99
(4) (stuffed with seasoned ground beef & rice)	
<u>Dolmas</u>	\$ 2.99
(5) (grape leaves stuffed with seasoned rice)	
<u>Spanakopita</u>	\$ 2.29
(2) (thin layers of fillo dough, stuffed with spinach, sweet onions and Feta Cheese, brushed with sweet butter)	
<u>Tiropita</u> (2) (Three Cheeses, mint, in fillo dough)	\$ 2.29
<u>Fried Calamari</u> with Marinara sauce	\$ 6.49
<u>Mixed Olives</u>	\$ 3.49
<u>Mixed Nuts</u>	\$ 3.49
<u>Grilled Haloumi Cheese</u>	\$ 3.99

Salads

<u>Grilled Chicken Salad</u>	\$ 7.99
<u>Grilled Shrimp Salad</u>	\$ 9.99
<u>House Egyptian Salad</u>	\$ 5.99
<u>Salade Nicoise</u>	\$ 7.99
<u>Greek Salad</u> <u>Small:</u> \$ 3.99 <u>Large:</u> \$ 5.99	

Mediterraneo Mezze

(Includes Pita bread)
No Coupons Please

Your choice of 5 different appetizers: \$10.99	
Grape Leaves (4)	Stuffed Cabbage (2)
Falafel (4)	Dolmades (4)
Kibbi Balls (2)	Tzatziki
Hummus	Baba Ghanoug
Spanakopita (2)	Feta Cheese & Tomato
Tabouleh	Tiropita (2)
Mixed Olives	

Deli Sandwiches

<u>Original Po boy</u> (ham, salami, provolone, pickles, mayo)	\$ 4.29
<u>Grilled Chicken Sandwich</u> (marinated chicken breast on Kaiser roll, lettuce, tomato, pickle)	\$ 4.29
<u>Italian Sub</u> (mortadella, ham, salami, provolone, lettuce, tomato, pepperoncini, olive & dressing)	\$ 4.99
<u>Muffaleta</u> (salami, ham, mortadella, provolone & olive relish)	\$ 4.99
<u>Veggie Pita Wrap</u> (provolone, mushroom, lettuce, black olives, tomato, pepperoncini, olive oil, vinegar)	\$ 4.99
<u>Tabouleh & Hummus Pita Wrap</u>	\$ 3.99
<u>Tabouleh & Baba Ghanoug Pita Wrap</u>	\$ 4.19
<u>Falafel Pita Wrap</u> (with Tahini, tomato, pickles)	\$ 2.99
<u>Gyros Pita Wrap</u> (grilled slices of seasoned lamb & beef with Tzatziki, tomato, onions, pickles)	\$ 3.99
<u>Kofta Kebab Pita Wrap</u> (grilled seasoned ground beef with Tahini, tomato, pickles)	\$ 4.29
<u>Souvlaki Pita Wrap</u> (grilled marinated sirloin cubes with Tzatziki, tomato, onions, pickles)	\$ 4.99
<u>Chicken Kebab Pita Wrap</u> (with garlic sauce, tomato, pickles)	\$ 4.99
<u>Grilled 1/2 lb Hamburger Sandwich</u> (with tomato, lettuce, onions, pickles) (add cheese \$.50)	\$ 3.99
<u>Pain Bagna</u> (tuna, eggs, olives, lettuce, tomatoes, cucumbers, red onions, green peppers, French dressing)	\$ 4.99
<u>French Fries with Sandwiches</u>	\$ 1.99

Vegetarian Plates

(All served with Pita Bread)

* Dinner Plates served with your choice of French Fries, Roasted Potatoes or Vegetable of the Day

	Lunch	Dinner
<u>Falafel Plate</u> (5) fried patties with Hummus & Greek Salad	\$ 6.99	\$ 7.99*
<u>Veggie Plate</u> (2) Falafel & (2) Dolmas, Hummus, Baba Ghanoug, Tabouleh	\$ 6.99	\$ 7.99*
<u>Vegetarian Lasagna</u> served with Greek salad	\$ 6.99	\$ 8.99*
<u>Vegetarian Moussaka</u> sautéed eggplants with tomato sauce, green peppers and pine nuts served with Greek salad	\$ 9.99	

Soups

Lentil – Tomato Basil – Minestrone

Cup: \$ 2.99 Bowl: \$ 3.99

Prices and items are subject to change without notice
02/2005

Mediterraneo Plates

Add French Fries, Rice Pilaf, Roasted Potatoes or Vegetable of the day for \$ 1.99

<u>Gyros Plate</u> (grilled slices of spiced lamb & beef) with Tzatziki, Pita bread & Greek Salad	\$ 6.49
<u>Kofta Kebab Plate</u> (grilled ground beef) with Tzatziki, Pita bread and Greek Salad	\$ 6.99
<u>Baked Kibbi Plate</u> (cracked wheat mix with beef and pine nuts) served with Greek salad & Pita bread	\$ 6.99
<u>Souvlaki Plate</u> (grilled marinated sirloin) with Tzatziki, Pita bread and Greek Salad	\$ 8.99
<u>Rotisserie Seasoned Half Chicken</u> with Hummus, Pita bread and Greek Salad	\$ 7.99
<u>Grilled Chicken Plate</u> with Hummus, Pita bread and Greek Salad	\$ 7.99
<u>Moussaka</u> with Greek Salad (Layers of eggplant with ground beef, potato and Bechamel sauce)	\$ 7.99
<u>Pastitsio</u> (Greek Lasagna) (Thick tubes of pasta, ground beef and spices) with Greek Salad	\$ 6.99
<u>Meat Lasagna</u> with Greek Salad	\$ 6.99
<u>Spaghetti</u> with Marinara sauce, Garlic Bread & Garden Salad (add meat balls for \$ 2.00)	\$ 5.99
<u>Lamb Kebab</u>	\$ 8.99
<u>Chicken Marsala</u> Sautéed chicken in Marsala wine	\$ 9.99

COMBO PLATTER #1: \$ 15.99

Gyros and Souvlaki Plate
with Tzatziki, Pita bread, Rice Pilaf or French Fries and Greek Salad

COMBO PLATTER #2: \$ 16.99

Chicken Kebab and Souvlaki Plate
with Tzatziki, Pita bread, Rice or French Fries and Greek Salad

Greek Combination Plate \$ 16.99

Gyros, Pastitsio, Moussaka, Tiropita, Spanakopita, Dolmas

served with Pita bread and Greek Salad
(Add French Fries, Rice Pilaf or Vegetable of the day for \$ 1.99)

Mediterraneo Mixed Grill Plate \$ 16.99

Gyros, Souvlaki, Kofta & Chicken Kebab
served over a bed of Rice with Pita bread, Tzatziki, & small Greek Salad.

(Add Vegetable of the day or French Fries for \$ 1.99)